

# Food Do You Think You Are

**Tenants from the Leeds Tenant Chat group joined the Roots Network for the Food Do You Think You Are event.**

Colleagues and tenants came together to chat about their different cultures and learn more about each other.

We had a range of food on offer including trifle and stroopwafels, vegemite sandwiches and vol au vents, chicken masala and a cauliflower curry with chapatis, haggis, cucumber sandwiches and parkin, sausage rolls, and cream scones.



**Tenants meet the Roots Network**

The Roots Network is a group of RWP colleagues who talk about their cultures to help others understand them better.

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## Sharing stories

Carlena told us that her Dad was from Jamaica, so her family enjoyed a lot of Caribbean food like jerk chicken and rice and peas (often cooked by her Mum, who grew up in Leeds).

Fiona, Alan, and Carl all enjoy a curry, and Andrew told us about how he loves Chinese food. He used to help out at a local takeaway when he was younger.

John told us of his travels in France and all the tasty foods he sampled. The best meal of all for John, was the full English breakfast on the ferry home! Sandra remembers moving from Lancashire to Leeds when she was a child. We heard that before she made a trip across the Pennines, she had never seen or sampled a kebab!

# Roots Network art

We recreated the Roots Network logo using our own handprints and some smaller stamps too. Sandra said she would like to learn more about black history and do some role play based activities in future sessions.



## Maria's love of knitting

Our tenant Maria loves to knit and sew. She enjoys knitting these fabulous dolls, which are sold at a church to help them raise money.

Maria is taking part in a sewing class, learning to make her own clothes. She also enjoys chair-based yoga!

If, like Maria, you really enjoy creative crafts, sports, or have another hobby, let us know. You can email us at [RWPenquiries@progressgroup.org.uk](mailto:RWPenquiries@progressgroup.org.uk).

We would love to hear about hobbies that you enjoy and share your stories in future issues of Your News.



Maria with her knitted dolls